



Plenary	Meet the Professor	Oral Session	Industry Session
Scientific Symposium	Workshop	Poster Session/Exhibition	Networking Events
Regional Symposium			

Preliminary Program as of 18 February 2024. Program remains subject to change.
Congress Time Zone: Dubai, UAE - Gulf Standard Time (GST/GMT+4)

Friday, 1 March 2024						
Halls	Sheikh Rashid Hall A	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Quwain Hall	Exhibition
7:00 - 7:45	Registration					
7:45 - 8:00	Introductory Remarks	Introductory Remarks	Introductory Remarks	Introductory Remarks		
8:00 - 8:40	Challenging Thyroid Nodule Cases	Hypoglycemia in Non-diabetes Patients	Glucocorticoids in Osteoporosis	Diabetes Management in the Elderly	Nursing and Beyond Workshop (by F.I.N.E. and the Diabetes Educator Club) Communication and Self-Management in People with Long-Term Conditions 8.00-8.30 Effective Communication for Self-Management Enhancement in Patients with Diabetes 8.30-9.00 Care and Communication to Support Children with CAH 9.00-9.25 The importance of psychological well-being for individuals living with endocrine conditions 9.25-9.55 Endocrine Conditions in Children	
8:40 - 9:10	Immunotherapy-related Endocrinopathies	Current Trends in Paediatric Endocrine Neoplasia	ISE Early Career Workshop	Obesity Genetics: Bedside to Bench and Back		
9:10 - 9:40	MR Antagonists as the Possible First-line Therapy in Hypertension	Diabetes in Cystic Fibrosis: Update on Diagnosis and Treatment		Diabetes Remission: Should That Be Our Target?		
9:40 - 10:00	Coffee Break/ Poster Session in the Exhibition Area					Product theatre - 9:45-10:00
10:00 - 10:30				International Consensus on Gaps & Opportunities for Precision Diabetes Medicine		
10:30 - 11:00				International Guidelines on Polycystic Ovarian Syndrome		
11:00 - 11:30	Hyperaldosteronism: Should All Patients with Hypertension Be Screened?	Endocrine Complications: Childhood Cancer Survivors	Type 1 Diabetes - DKA What's New?	Lipid Management in Diabetes - Update	Oral Session	
11:30 - 12:00	Use of Antiresorptives in Metastatic Cancer	Turner Syndrome in Adolescents. Pubertal Induction	New Treatment in Diabetic Retinopathy	Management of Cardiometabolic Disease in People with Diabetes/Emirates Perspective		
12:00 - 13:00	Lunch Break / Poster Viewing/Exhibition Viewing/ Friday Prayer					
		Industry Symposium #1 - Available	Industry Symposium #2 - Available			
13:00 - 14:00	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	
14:00 - 14:30	Long-term Use of Antithyroid Drugs in the Management of Graves Disease	Monogenic Diabetes: Are We Screening Enough?	Contraception Choice in Women: Which Type for Whom?	Diabetic Neuropathy: What Can We Do Better?	Oral Session	
14:30 - 15:00	Bone Fragility in Diabetes: How to Diagnose? How to Treat?	Mental Health in Paediatric Endocrine Disorders	Syndrome of Inappropriate ADH Secretion: Current Guidelines	SGLT2I and GLP1RA in T1DM		
15:00 - 15:40				Thyroid Cancer: What's new? (active surveillance, lobectomy, targeted therapies)		
15:40 - 16:20				Type 2 Diabetes Management in 2024		
16:20 - 16:35	Coffee Break / Poster viewing in Exhibition Area					
16:35 - 17:05		Industry Symposium #4 - Available	Industry Symposium #3 - Available		Industry Symposium #5 - Available	
17:05 - 17:35		Industry Symposium #6 - Available			Industry Symposium #8 - Available	
17:35 - 17:40	Hall Change Break					
17:40 - 18:20	GHD in Adults: Diagnosis and Treatment	Novel Therapies in Metabolic Bone Disease	State of the Art Management of Adrenal Insufficiency	Time to Think of Cost in Management of Diabetes	Oral Session	
18:20 - 19:00	AVP Deficiency Post Pituitary Surgery: Pearls and Pitfalls		Hyperparathyroidism: From Bench to Bedside	Integrated Diabetes Care in Resource Constrained Regions		
19:00 - 20:00				Opening Ceremony in Sheikh Rashid Hall E		
20:00 - 21:30	Welcome Reception in Exhibition Area					

Plenary	Meet the Professor	Oral Session	Industry Session
Scientific Symposium	Workshop	Poster Session/Exhibition	Networking Events

Saturday 2 March 2024

Halls	Sheikh Rashid Hall A	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Quwain Hall	Exhibition
7:00 - 7:45	Registration					
7:45 - 8:00	Introductory Remarks	Introductory Remarks	Introductory Remarks	Introductory Remarks	Nursing and Beyond Workshop (by F.I.N.E. and the Diabetes Educator Club) Cradle to Grave in Endocrine & Diabetes 7.45-8.40 Endocrine Nurse Competencies and Professional Development. 8.40-9.10 Society for Endocrinology: Endocrine Nurse Survey Results 9.10-9.40 Navigating Diabetes and Pregnancy: Diabetes Educator Insights	
8:00 - 8:40	Opioids and the Pituitary	Challenging Cases in Calcium Disorders	Challenging Thyroid Cancer Cases	Management of Diabetes Post Transplant		
8:40 - 9:10	Prioritizing Medical Treatment of Cushings Syndrome	Risk Stratification and Long Term Complication For PCOS	ISE Early Career Workshop	Diabetic Foot Update		
9:10 - 9:40	Update on Guidelines for Acromegaly: Diagnosis and Treatment	PCOS Guideline Update in Young Adolescents		CVD Reduction in Diabetes - Smoking in Diabetes the Forgotten Enemy		
9:40 - 10:00	Coffee Break/ Poster Sessions in Exhibition Area					
			Industry Symposium: 9:40-10:10			Product theatre #1 in Exhibit Hall 09:45-10:00
10:00 - 10:20		Industry Updates #1 10:00-10:15			Industry Updates 10:00-10:15	Product theatre #2 in Exhibit Hall 10:00-10:15
10:20 - 10:50				Hypertension Update		
10:50 - 11:20				The Year in Pituitary: New Insights, New Approaches		
11:20 - 11:50	Thyroid Ultrasound Risk Stratification Systems	Approach DSD	Approach to the Patients with Amenorrhoea	Intermittent Fasting	Oral Session	
11:50 - 12:20	Update on FNA Cytology Bethesda v3	Pediatric DSD case studies	Induction of Spermatogenesis in Hypogonadal Men	Diabetes & Ramadan		
12:20 - 13:20	Lunch Break/ Poster Viewing in Exhibition Area					
		Industry Symposium #9 12:20-13:20	Industry Symposium #10B 12:50-13:20			Product Theatre 12:30-12:45
13:20 - 13:50	Hypoparathyroidism: New Treatment Options	Thyroid Hormone Resistance and Transport Defects	Evaluation and Treatment of Adrenal Cortical Carcinoma	Landmark Trial - Hot Topics	Oral Session	
13:50 - 14:20	Osteoporosis: How to Assess Fracture Risk and Treat Accordingly	Paediatric Evaluation of Thyroid Nodules and Thyroid Cancer Management	Management of Pheochromocytoma/ Paragangliomas	Update on Diabetes Kidney Disease		
14:20 - 14:50				Mild Autonomous Cortisol Secretion: Impact and Intervention		
14:50 - 15:20				NAFLD and Insulin Resistance		
15:20 - 15:45	Coffee Break/ Poster Session in Exhibition Area					
15:45 - 16:15		Industry Symposium #11	Industry Symposium #12		Industry Symposium #13	
16:15 - 16:45		Industry Symposium #14	Industry Symposium #15		Industry Symposium #16	
16:45 - 16:50	Hall Change Break					
16:50 - 17:30	Unusual Thyroid Function Tests	Hyperlipidaemia in Children: Approach and Management Updates	Hyperglycemia in the Face of a High-Carbohydrate Diet	Inpatient Diabetes Management	Oral Session	
17:30 - 18:10	Pre-menopausal Osteoporosis in Women	Challenging Cases in Insulin Resistance	Insulin & Hypoglycemia	What Type of Diabetes Is It? And Does It Matter?		
18:10 - 19:10	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	Regional Association Symposium	

Plenary	Meet the Professor	Oral Session	Industry Session
Scientific Symposium	Workshop	Poster Session/Exhibition	Networking Events

Sunday 3 March 2024

Halls	Sheikh Rashid Hall A	Sheikh Rashid Hall C	Sheikh Rashid Hall D	Sheikh Rashid Hall E	Umm Al Quwain Hall	Exhibition	
7:00	7:45	Registration					
7:45	8:00	Introductory Remarks					
8:00	8:40	Menopausal Hormone Therapy: When to Treat and How to Treat	Obesity: Medical Complications	Diagnosing Osteoporosis: Beyond BMD	Challenging Lipid Cases	Nursing and Beyond Workshop (by F.I.N.E. and the Diabetes Educator Club) Diabetes & Concomitant Disease: Cause or Effect 7.45-8.10 The role of GH in metabolism 8.10-8.40 Cushing's Syndrome and Acromegaly related to Diabetes 8.40-9.10 The lived experience of adrenocortical carcinoma 9.10-9.40 Osteoporosis & Diabetes	
8:40	9:10	Approach to Grave's disease: Antithyroid drugs or Radioactive Iodine in 2024	Diagnosis and Management of Congenital Hypopituitarism in Neonates and Children	Approach to Patients with Bilateral Adrenal Macronodular Hyperplasia	Mental Health & Diabetes		
9:10	9:40	Hypothyroidism: New Insights for a Common Disorder	Targeted Treatment in Genetic Endocrine Disorders	Adrenal Incidentaloma: New ENSAT Guidelines	Gestational Diabetes (GDM): What is New?		
Coffee Break/ Poster Sessions in Exhibition Area							
9:40	10:00	Industry Symposium : 9:40-10:10					
10:00	10:20					Industry Update #4 10:00-10:15	Product Theatre 04 Exhibit Hall: 10:00-10:15
10:20	10:50	The Year in Obesity: 2024					
10:50	11:20	Sex & Diabetes					
11:20	11:50	Screening and Monitoring of Endocrine Genetic Disorders	Genetics of Short Stature	CSII/Closed Loop	Nutrition & Diabetes – We Are What We Eat	Oral Session	
11:50	12:20	Defining Thyroid Disease-does Ancestry Matter?	Update on Growth Hormone Therapy	Role of Technology in Diabetes	Bariatric Surgery When and Why?		
Lunch Break/ Poster Viewing in Exhibition Area							
12:20	13:20	Industry Symposium 17- (PACT MEA)- 12:20-13:20					
13:20	13:50	Thyroid Disease in Pregnancy	Medical Management of Childhood Obesity	Managing Polyuric States: How to Detect, How to Treat	Phenotype Clustering the Ai for Diabetes Management	Oral Session	
13:50	14:20	Sarcopenia: Clinical Implications in Osteoporosis Management	Precocious Puberty: When and What to Treat	New Guidelines in Premature Ovarian Insufficiency	What's the Big Deal with Pre-Diabetes?		
14:20	14:50	Industry Session #18		Industry Symposium #19	Industry Symposium #20		
Coffee Break/ Poster Viewing in Exhibition Area							
15:10	15:40	Osteoporosis: Anabolics/Antiresorptives-what to Choose, When to Switch?					
15:40	16:10	Men from Mars & Women from Venus: Gender Differences CV					
16:10	16:30	Closing Ceremony					